



Gear List for Yosemite Volunteer Trip

INTRODUCTION AND WEATHER

The key to staying comfortable while on an active trip is layering. To get maximum comfort with minimum weight, you need versatile layers that mix and match to create the right amount of insulation, ventilation and weather protection. This gear list has been created to help you choose your equipment for the trip. Average temperatures in May and September range from 47 to 87 degrees Fahrenheit. During the summer months, Yosemite National Park can have varied and unpredictable weather patterns. Temperatures during the day will be in the 80s-90s with cooler evenings in the 40s-50s. Days are generally clear and pleasant, although wind or rain can occur year-round.

Volunteers work unless there are unusually severe weather conditions. Please come prepared for all possibilities and equipped with good raingear.

RECOMMENDED GEAR

OFFICIAL PAPERS

- Airline tickets, itinerary and confirmation
- Valid Identification
- Proof of emergency medical and evacuation insurance

LUGGAGE

- Soft sided suitcase, duffel or backpack
- Small Daypack (approx. 2,000-2,500 cu. in.) to carry your lunch, camera, water bottles, extra clothing

OUTERWEAR

- Hooded rain jacket, waterproof and breathable
- Rain pants, waterproof and breathable
- Jacket for colder weather
- Rain cover or large plastic bag for your daypack

FOOTWEAR

- Sturdy hiking boots, waterproof, broken in, aggressive tread
- Comfortable shoes for travel & after-work wear
- Flip-flops for showers

CLOTHING

- A few lightweight, casual, easily washable items for travel and wearing after work
- Fleece/Wool Jacket or Sweater
- Base Layer Tops and Bottoms (Midweight, Synthetic)
- Hiking pants, lightweight and synthetic (Zip-off pants are dual purpose)
- Long-sleeve shirts (synthetic)
- T-shirts (synthetic)
- Hiking Socks (synthetic or wool) and liner socks
- Sleepwear appropriate for mixed group exposure
- Underwear

CLOTHING ACCESSORIES

- Sun hat
- Bandana
- Leather gloves for work, two pair
- Safety glasses (or similar eye protection)
- Fleece/Wool gloves and hat
- Kneepads for kneeling while working (optional)

TRAVEL ACCESSORIES

- Two (2) one-quart water bottles or hydration system
- Plastic container(s) (reusable) for lunches
- Sunglasses and retainer strap
- Sunblock and lip balm
- Toiletry kit
- Compact Roll of Toilet Paper
- "Quick-dry" towel
- Personal prescription medication
- Personal first aid kit
- Hand sanitizer and face masks
- Insect repellent

CAMPING GEAR

- Tent
- Sleeping Bag (40°+, Lightweight, Compressible)
- Sleeping Pad
- Personal Reusable Mess Kit (Bowl/Plate, Cup, Utensils)
- Camping coffee/tea mug
- Flashlight or headlamp and spare batteries/bulb
- Folding Camp Chair (optional)



Gear List for Yosemite Volunteer Trip (Cont'd.)

| OPTIONAL FIELD GEAR | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Energy Snacks and Drink Mixes <input type="checkbox"/> Camera, and spare batteries <input type="checkbox"/> Small binoculars | <input type="checkbox"/> Hiking stick or trekking poles <input type="checkbox"/> Watch or clock with alarm <input type="checkbox"/> Spare contact lenses or glasses <input type="checkbox"/> Baby/Adventure Wipes <input type="checkbox"/> Earplugs (for sleeping) | <input type="checkbox"/> Reading and writing materials <input type="checkbox"/> Plastic garbage bags to line duffel bag if it rains <input type="checkbox"/> Whistle <input type="checkbox"/> Small thermos |

Things to Consider

- Always pack essential items such as your identification, money, eyewear, medications and one set of spare clothes in your carry-on baggage, in case your luggage is delayed.
- Cotton is wonderful in warm weather. However, once it becomes wet, it will drain your body heat. Consider bringing wool or synthetics such as Capilene®, MTS® and Thermax®.
- Always test your layers before a trip. Your outer layer should fit easily over the inside ones without binding and bunching up.
- Always make sure boots are broken in. Bring moleskin for foot treatment. Thin liner socks worn under regular hiking socks may minimize the risk of blisters. The liner sock should be synthetic, not cotton.
- Even if the forecast prior to your departure is showing warm, dry weather, you must still bring a rain jacket, rain pants and pack cover in case of a sudden weather shift. You will be glad you did and much more comfortable should the sunny conditions change.
- Remember to notify your credit card companies about your travel plans.

We are looking forward to enjoying this trip with you. If you have any questions about the gear list, please contact your trip leader at info@conservationvip.org.