



## Gear List for Machu Picchu Volunteer Trip

The key to staying comfortable while on an active trip is layering. To get maximum comfort with minimum weight, you need versatile layers that mix and match to create the right amount of insulation, ventilation and weather protection. This gear list has been created to help you in choosing your equipment for the trip. Try to bring only what is necessary, since we will need to move baggage several times.

| RECOMMENDED GEAR  |   |  |
|---|---|--|
| <p><b>TRAVEL DOCUMENTS</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Airline tickets, itinerary, and confirmation</li> <li><input type="checkbox"/> Valid Passport</li> <li><input type="checkbox"/> Proof of emergency medical and evacuation insurance</li> <li><input type="checkbox"/> Final Bulletin</li> </ul> <p><b>LUGGAGE</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Suitcase or duffel</li> <li><input type="checkbox"/> Small Daypack (approx. 2,000-2,500 cu. in.) to carry your lunch, and personal items</li> <li><input type="checkbox"/> Passport pouch and money belt (optional)</li> <li><input type="checkbox"/> Luggage tags and locks</li> </ul> <p><b>OUTERWEAR</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Hooded rain jacket pants, lightweight, waterproof, and breathable</li> <li><input type="checkbox"/> Rain pants, lightweight (recommended)</li> <li><input type="checkbox"/> Rain cover for pack (recommended)</li> </ul> <p><b>FOOTWEAR</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Hiking boots – broken in, waterproof</li> <li><input type="checkbox"/> Comfortable shoes for travel &amp; free time</li> <li><input type="checkbox"/> Shower shoes or slippers (optional)</li> </ul> | <p><b>CLOTHING</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Lightweight, casual, easily washable items, for travel and town wear</li> <li><input type="checkbox"/> Lightweight and synthetic long-sleeve shirt(s) for cool evening and sun protection</li> <li><input type="checkbox"/> Hiking pants you can work in, lightweight, synthetic, and loose-fitting.</li> <li><input type="checkbox"/> T-shirts, quick dry</li> <li><input type="checkbox"/> Liner socks (synthetic)</li> <li><input type="checkbox"/> Socks (synthetic or wool)</li> <li><input type="checkbox"/> Underwear</li> <li><input type="checkbox"/> Sleepwear</li> <li><input type="checkbox"/> Sun hat</li> <li><input type="checkbox"/> Midweight fleece or wool jacket or sweater</li> <li><input type="checkbox"/> Fleece or wool pants (recommended)</li> <li><input type="checkbox"/> Fleece or wool hat (recommended)</li> </ul> <p><b>CLOTHING ACCESSORIES</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 2 pair leather gloves for work</li> <li><input type="checkbox"/> Safety glasses (or similar eye protection) for work</li> <li><input type="checkbox"/> Knee pads (optional)</li> <li><input type="checkbox"/> Bandana (optional)</li> </ul> <p><b>TRAVEL ACCESSORIES</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Face masks, personal wipes, and hand sanitizer</li> </ul> | <p><b>TRAVEL ACCESSORIES</b><br/>(cont'd)</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Two (2) one-quart water bottles or hydration system</li> <li><input type="checkbox"/> Flashlight or headlamp</li> <li><input type="checkbox"/> Sunglasses and retainer strap</li> <li><input type="checkbox"/> Sunblock and lip balm</li> <li><input type="checkbox"/> Insect repellent</li> <li><input type="checkbox"/> Toiletry kit with biodegradable soap</li> <li><input type="checkbox"/> Personal prescription medication</li> <li><input type="checkbox"/> Personal first aid kit</li> <li><input type="checkbox"/> Biodegradable laundry soap and clothesline (optional)</li> </ul> <p><b>OPTIONAL FIELD GEAR</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Camera, and accessories</li> <li><input type="checkbox"/> Small binoculars</li> <li><input type="checkbox"/> Hiking stick or trekking poles, which must be rubber-tipped</li> <li><input type="checkbox"/> Watch with alarm or travel clock</li> <li><input type="checkbox"/> Ear Plugs &amp; Eye Mask for sleeping</li> <li><input type="checkbox"/> Spare contact lenses or glasses</li> <li><input type="checkbox"/> Reading and writing materials</li> </ul> |

## Gear List for Machu Picchu Volunteer Trip (Cont'd.)

### Things to Consider

#### WEATHER

Cusco is generally dry and temperate, with two defined seasons. Between April and September, there is abundant sunshine, and it is colder, with occasional nighttime freezes. July is the coldest month with an average of 49.5 °F. Between October and March temperatures are warmer and there is abundant rainfall. November is the warmest month and averages 55.9 °F. Temperatures usually range from 32.4 to 69.6 °F.

The tropical mountain forest surrounding Machu Picchu is relatively warm and humid throughout the year. On average, the daytime is warmer, and temperatures drop at night. Variation in Machu Picchu weather depends more on rainfall than temperature. Given the location of Machu Picchu, rain can be expected at any time, but most showers occur between November and March. The average temperature ranges between 54°F and 75°F. On the hottest days, it is possible to reach 79°F.

- Always pack essential items such as your passport, money, eyewear, medications and one set of spare clothes in your carry-on baggage, in case your luggage is delayed.

We are looking forward to enjoying this trip with you. If you have any questions about the gear list, please contact your trip leader at:

[peru@conservationvip.org](mailto:peru@conservationvip.org)

