



Gear List for Alaska Volunteer Trip

INTRODUCTION AND WEATHER

The key to staying comfortable while on an active trip is layering. To get maximum comfort with minimum weight, you need versatile layers that mix and match to create the right amount of insulation, ventilation and weather protection. This gear list has been created to help you choose your equipment for the trip. The weather is likely to be highly variable, from warm to cool, and from dry to quite wet. The average high temperature in Southeast Alaska in June-July is in the mid 60's° F. and the average low temperature ranges from upper 40's to low 50's° F. Volunteers work unless there are unusually severe weather conditions. Please come prepared for all possibilities and equipped with good raingear.

GEAR LIST

OFFICIAL PAPERS

- Airline tickets and itinerary
- Passport
- Proof of emergency medical and evacuation insurance

LUGGAGE

- Roller bags or backpacks
- Small Daypack (approx. 21-35L) to carry your lunch, camera, water bottles, extra clothing
- Passport pouch and money belt
- Luggage tags and locks

OUTERWEAR

- Hooded rain jacket, waterproof and breathable
- Rain pants, waterproof and breathable
- Rain cover or large plastic bag to cover your daypack

FOOTWEAR

- Sturdy hiking boots, waterproof, broken in, with aggressive tread
- Comfortable shoes for travel & after-work wear.

CLOTHING

- Bring a few lightweight, casual, easily washable items for travel and after-work
- Midweight fleece or wool sweater or jacket
- Synthetic fleece or wool pants
- Wool or synthetic thermal base layers.
- Lightweight and synthetic long- sleeve shirt(s) for cool evening
- 2 pair hiking pants you can work in, quick dry or wool. Loose fitting.
- T-shirts, quick dry
- Socks and Underwear
- Shower shoes or slippers
- Sleepwear

CLOTHING ACCESSORIES

- Sun hat and retainer strap
- Wool or fleece hat
- Bandana
- Wool or fleece gloves for warmth
- Gaiters
- 2 pair leather gloves for work
- Safety glasses (or similar eye protection)

TRAVEL ACCESSORIES

- Two (2) one-quart water bottles or hydration system
- Flashlight or headlamp and spare batteries
- Sunglasses and retainer strap
- Sunblock and lip balm
- Toiletry kit
- Personal prescription medication
- Personal first aid kit
- Insect repellent **and** bug net
- Ear plugs
- Personal wipes, hand sanitizer gel and face mask**

OPTIONAL GEAR

- Camera, and spare batteries
- Small binoculars
- Hiking stick or trekking poles
- Watch or clock with alarm
- Spare contact lenses or glasses
- Quick-dry towel
- Reading and writing materials
- Plastic trowel for bathroom use while on the trail
- Light-weight thermos for tea/coffee

Gear List for Alaska Volunteer Trip (Cont'd.)

Things to Consider

- We will be changing locations, traveling by vehicle and boat, and you will need to be able to handle your own gear. So we suggest that you pack as lightly as possible and use roller bags or backpacks.
- Always pack essential items such as your passport, money, eyewear, medications and one set of spare clothes in your carry-on baggage, in case your luggage is delayed.
- Since the White Pass and Yukon Railway train enters Canada, you will need a passport to ride the train! Don't forget to bring it!

We are looking forward to enjoying this trip with you. If you have any questions about the gear list, please contact your trip leader at:

alaska@conservationvip.org