



## Gear List for Alaska Volunteer Trip

### INTRODUCTION AND WEATHER

The key to staying comfortable while on an active trip is layering. To get maximum comfort with minimum weight, you need versatile layers that mix and match to create the right amount of insulation, ventilation and weather protection. This gear list has been created to help you in choosing your equipment for the trip. The weather is likely to be highly variable, from warm to cool, and from dry to quite wet. The average high temperature in Southeast Alaska in July is 65° F. and the average low temperature is 51° F. Volunteers work unless there are unusually severe weather conditions. Please come prepared for all possibilities and equipped with good raingear.

### RECOMMENDED GEAR

#### OFFICIAL PAPERS

- Airline tickets and itinerary
- Passport
- Proof of emergency medical and evacuation insurance

#### LUGGAGE

- Roller bags or backpacks
- Small Daypack or fanny pack (approx. 2,000-2,500 cu. in.) to carry your lunch, camera, water bottles, extra clothing
- Passport pouch and money belt
- Luggage tags and locks

#### OUTERWEAR

- Hooded rain/wind jacket, waterproof and breathable
- Rain pants, waterproof and breathable
- Rain cover or large plastic bag for your daypack

#### FOOTWEAR

- Sturdy hiking boots, waterproof, broken in, with aggressive tread, or Calf-high rubber boots
- Comfortable shoes for travel & after-work wear.

#### CLOTHING

- Bring a few lightweight, casual, easily washable items for travel and after-work
- Midweight fleece or wool sweater or jacket
- Synthetic fleece or wool pants
- Wool or synthetic thermal base layers.
- Lightweight and synthetic long-sleeve shirt(s) for cool evening
- 2 pair hiking pants you can work in, quick dry or wool. Loose fitting.
- T-shirts, quick dry
- Socks and Underwear
- Shower shoes or slippers
- Sleep wear appropriate for mixed gender arrangements

#### CLOTHING ACCESSORIES

- Sun hat and retainer strap
- Wool or fleece hat
- Bandana
- Wool or fleece gloves for warmth
- Gaiters
- 2 pair leather gloves for work
- Safety glasses (or similar eye protection)

#### TRAVEL ACCESSORIES

- Two (2) one-quart water bottles or hydration system
- Flashlight or headlamp and spare batteries/bulb
- Sunglasses and retainer strap
- Sunblock and lip balm
- Toiletry kit
- "Quick-dry" towel
- Personal prescription medication
- Personal first aid kit
- Insect repellent
- Ear plugs and eye mask

#### OPTIONAL FIELD GEAR

- Camera, and spare batteries
- Small binoculars
- Hiking stick or trekking poles
- Watch or clock with alarm
- Spare contact lenses or glasses
- Hand wipes or sanitizer gel
- Reading and writing materials
- Plastic garbage bags to line duffel bag if it rains
- Plastic trowel for bathroom use while on the trail
- Light weight thermos for tea/coffee

## Gear List for Alaska Volunteer Trip (Cont'd.)

### Things to Consider

- We will be traveling by vehicle and boat, so we suggest roller bags or backpacks.
- Always pack essential items such as your passport, money, eyewear, medications and one set of spare clothes in your carry-on baggage, in case your luggage is delayed.
- Since the White Pass and Yukon Railway train enters Canada, you will need a passport to ride the train! Don't forget to bring it!
- Our partner REI carries the type of gear suitable for this trip. You can view their gear at [www.REI.com](http://www.REI.com) or visit their stores for help with selecting the gear most appropriate for your trip.

We are looking forward to enjoying this trip with you. If you have any questions about the gear list, please contact your trip leader at:

[alaska@conservationvip.org](mailto:alaska@conservationvip.org)